



## Riverside Cycling Routes



### 7 CZECH-POLISH BORDER ALONG THE OLŠE RIVER

**Route:** Bukovec – Jablunkov – Hrádek – Třinec – Český Těšín – Karviná – Bohumin

A quiet ride on cycle route No. 10 along the meandering river is also a journey through time thanks to the Chotěbuz Archeopark, which will surely enchant and captivate you. The backbone cycle route of the Czech-Polish border area starts in Bukovec, near the Kempa Wellness Hotel, in the village with the easternmost point of the Czech Republic. During the trip, you will discover the beauty of Těšín Silesia. You can also visit the Fryštát Chateau in Karviná, or the Triple Border Museum in Jablunkov.

**Route length:** 74,3 km **Difficulty:** easy  
**Elevation gain:** 415 m **Surface:** asphalt



route



### 8 FROM OSTRAVA TO THE BESKYDY MOUNTAINS ALONG THE OSTRAVICE RIVER

**Route:** Ostrava – Vratimov – Paskov – Frýdek-Místek – Frýdlant nad Ostravicí – Ostravice

The Ostravice River is at the centre of this cycle route. From the industrial area of Dolní Vítkovice, it passes the chateau in Paskov and Frýdek to the foothills of the Lysá hora mountain.

**Route length:** 42 km **Difficulty:** easy  
**Elevation gain:** 309 m **Surface:** asphalt



route



### 9 AROUND THE SLEZSKÁ HARTA DAM

**Route:** Bílčice – Leskovec n. Moravíci – Roudno – Nová Pláň – Valšov – Mezina

Take the cycle route around the youngest dam in the country. You can take a break and a refreshing swim at any point during your trip around the extensive waterworks and make your trip even more pleasant with a sightseeing cruise on the Harta electric ship, which has plenty of capacity for bicycles. In Leskovec nad Moravíci you will find boats, pedal boats and paddleboards for rent, a nice beach, and a small campground.

**Route length:** 43,9 km **Difficulty:** difficult  
**Elevation gain:** 111 m **Surface:** asphalt, gravel



route



### 10 FROM OPAVA TO TŘEMEŠNÁ IN THE JESENÍKY MOUNTAINS

**Route:** Opava – Holasovice – Úvalno – Krnov – Město Albrechtice – Třemešná

Take a trip from the former capital of Silesia, Opava, to the picturesque village of Třemešná, gateway to the Osoblažský výběžek region, which boasts a unique narrow-gauge railway which you can ride on a steam train.

**Route length:** 44 km **Difficulty:** easy  
**Elevation gain:** 174 m **Surface:** asphalt



route



Moravskoslezský kraj  
28. října 117, 702 00 Ostrava  
Czech Republic

www.northmoravia.travel

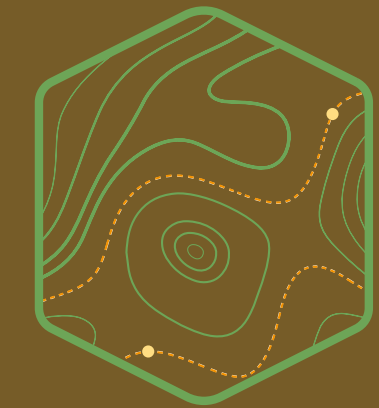


Instagram



Facebook

northmoravia



## CYCLING GUIDE

NORTH MORAVIA

CZECH REPUBLIC



# Cycling round the destination of North Moravia

Hop on your bike and enjoy the beauty of the easternmost part of the Czech Republic. Tips for cycling trips for bikers, kids, and parents.

- 1 "RAILS" CYCLE PATH NEAR NOVÝ JIČÍN
- 2 IN THE FOOTSTEPS OF BLACK GOLD
- 3 UAX DESIGN CYCLE PATH
- 4 BIKE VISITS TO PLACES FROM THE BOOK "THE LEANING CHURCH"
- 5 MOUNTAIN VIEWS – JESENÍKY MOUNTAINS AREA
- 6 MOUNTAIN VIEWS – BESKYDY MOUNTAINS AREA
- 7 CZECH-POLISH BORDER ALONG THE OLŠE RIVER
- 8 FROM OSTRAVA TO THE BESKYDY MOUNTAINS ALONG THE OSTRAVICE RIVER
- 9 AROUND THE SLEZSKÁ HARTA DAM
- 10 FROM OPAVA TO TŘEMEŠNÁ IN THE JESENÍKY MOUNTAINS



## With children and at easy

### 1 "RAILS" CYCLE PATH NEAR NOVÝ JIČÍN

**Route:** Nový Jičín – Bludovice – Hodslavice Životice u Nového Jičína – Mořkov – Hostašovice

The cycle path follows the route of a former railway and is intended for cyclists and in-line skaters. There are five rest areas along the path. Refresh yourself with a beer or raspberry soda at the bistro at the romantic Domorac train station. From here, it is a short walk to Kacabojka, where you can swim in clean natural water or visit Zrzávky, a natural spring with healing properties.

**Route length:** 9,75 km **Difficulty:** easy **Surface:** asphalt



### 2 IN THE FOOTSTEPS OF BLACK GOLD

**Route:** Laněk Park Ostrava Petřkovice – New Town Hall Ostrava Dolní Vítkovice

Discover the industrial wealth of Ostrava, the third largest city in the Czech Republic, by bike. From Laněk Park, where the history of mining mingles with relaxation and sports in the form of the largest mining museum, head through the city park along the Ostravice River to the unique industrial complex of Dolní Vítkovice. Have fun in the interactive museums, or grab a bite to eat at the Bolt Café nearly 80 metres above the ground.

**Route length:** 9,6 km **Difficulty:** easy **Surface:** asphalt



## Cycling specialities

### 3 UAX DESIGNER CYCLE PATH

**Route:** Odry – Starý Jičín – Bernartice nad Odrou Vražné – Veselí

On this cycle route you will enjoy a unique cycle path decorated with prints of a cartoon dictionary of the Moravian-Silesian dialect by designer Radek Leskovjan from the UAX company. Take a trip through the fairytale landscape of the Odra River between the Beskydy and Jeseníky mountains and find out what a kokino, dupa, kelňa or kisňa means.

**Route length:** 29 km **Difficulty:** easy **Surface:** asphalt, gravel



### 4 BIKE VISITS TO PLACES FROM THE BOOK "THE LEANING CHURCH"

**Route:** Ostrava – Rychvald – Doubrava – Darkov – Karviná Dětmárovice – Dolní Lutyně – Starý Bohumín – Petřkovice

Locals call this cycle route the OKD (Ostrava-Karviná Mines) Cycling Circuit. Discover the sites of a vanished post-mining landscape, whose history is described by Karin Lednická in her novel The Leaning Church. Explore the beauty and empty spots of the "distinctive" Ostrava-Karviná region.

**Route length:** 60 km **Difficulty:** moderate **Surface:** asphalt, gravel



## Mountain Views

### 5 JESENÍKY MOUNTAINS AREA

**Route:** Karlova Studánka – Malá Morávka Dolní Moravice – Nová Ves – Karlov

**TOURIST ATTRACTIONS:** Nová Ves Lookout Tower, Karlova Studánka Spa, Bílá Opava Hiking Trail

**Route length:** 39,6 km **Difficulty:** moderate **Surface:** asphalt, gravel



### 6 BESKYDY MOUNTAINS AREA

**Route:** Olešná – Palkovice – Kozlovice Hukvaldy Brušperk – Staříč

**TOURIST ATTRACTIONS:** Hukvaldy Castle, Janáček's Birth House, Panorama Lookout Tower in Palkovicke hůrky

**Route length:** 39 km **Difficulty:** moderate **Surface:** asphalt, gravel



## Bikeparks and Singletrails

A network of routes (trails) exclusively for mountain bikes

**Difficulty:** moderate to difficult

